



Mental Health Education, Support & Training Resources At SPC				
RESOURCE NAME	DESCRIPTION	WHEN	WHERE	CONTACT
Grief Support Groups	The grief programs provide ongoing grief support for those experiencing any type of loss resulting in a grief experience.	Widow/Widowers Group meets monthly- 1st Saturday from 10-12 Noon	Via Zoom or Microsoft Works	Ms Michelle Bouldin & Ms Idona Brown ibouldin@bellsouth.net
		*Six-Week Grief Group—Meets two to three times per year	Via Zoom	Rev. Dr. McClellon Cox 3945cox@gmail.com 404.408.8559 Ms Michelle Bouldin ibouldin@bellsouth.net
		* A Young-Adult Grief Encounter Seminar 10AM-12Noon	Via Zoom	
		*A Two-Hour Joy Comes in the "Mourning" Seminar 10AM-12Noon		
		*A Surviving the Holidays and Beyond Seminar 10AM-12Noon		
		*A Thriving After the Loss of a Spouse Seminar 10AM-12Noon		
Mental Health First Aid	An evidence-based course that teaches how to identify, understand and respond to signs of mental illnesses and substance use disorders. The training builds skills needed to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis.	Mental Health First Aid for Adults : Regular training sessions open to public in May and October. Closed group session by request	Via Zoom	Richard Fields, MD, RFieldsMD@aol.com, 770.389.3800
		Mental Health First Aid for Youth : Regular training sessions open to public in May and October. Closed group session by request	Via Zoom	Richard Fields, MD, RFieldsMD@aol.com, 770.389.3800
Sarcoidosis Support Group	SSG is a group that provides mental health and wellness support to individuals diagnosis with the illness of Sarcoidosis	This group is an open group, held the 3rd Friday of each month except May, June, July, & January.	Via Zoom	Dr. Catherine Roberts, LPC,CPCS, DBT, 404.455.0727/c_roberts31@msn.com
The Compassionate Friends-Tucker Chapter	TCF is a group that provides grief support after the death of a child. We assist families toward the positive resolution of grief following the death of a child of any age. We have a sub-group that provides support to siblings as well.	Second Tuesday of the month for in person meetings and Third Tuesday of the month for Zoom Meetings	First Christian Church of Atlanta, 4532 Lavista Road, Tucker, Georgia 30084. Also, via Zoom.	Dr. Dale Burgess, drdaleburgess@gmail.com, 770-855-4251, www.tcfatlanta.org

Mental Health Council Members

Louis P. Anderson, Ph.D. * Michelle Shelton Bouldin, Ed.S. * Cassandra Conton, Ph.D, CACII, LPC, CPCS.* McClellon D. Cox, D.Min.* Richard A. Fields, Sr., MD Ella J. Harley, MS * Ramona S. Hale * Rev. Deborah M. Nutt, LPC * Dr. Catherine Roberts, LPC, CPCS, DBT * Eugene Robinson, D. Min, MFT



Mental Health Professional Providers At SPC				
RESOURCE NAME	DESCRIPTION	WHEN	WHERE	CONTACT
Connections	Individual, marriage and small group counseling/Anxiety, Divorce, pre-marital, Career, Communication	Call for appointment	St Philip Family Center/In person or Virtual	Dr. Eugene Robinson, MFT, ACPE, APA404-371-8221 / erobi4275@aol.com
Mental Health Counseling Services	Individual, Children/Teens, Couples, Family, Marriage and Christian Counseling	Call for an ppointment on Thursdays or Fridays	Virtual Telehealth	Dr. Catherine Roberts, LPC,CPCS, DBT, 404.455.0727/c_roberts31@msn.com
The Anderson Center	A full range of clinical services to adolescents and adults experiencing stress, relationship, spritual and health challenges	For information , please visit our Website at theandersoncenter.com or call us at 770.800-0836	Telepsychology Services	Louis P. Anderson,Ph.D. 770.800-0836

Note: This resource is updated periodically as new resources are identified and added. In between updates, the most current version of the document can be accessed at:

spchmresources.xyz